



New York State Public High School Athletic Association

TOURNAMENT WEIGH-IN SHEET

EXACT WEIGHT MUST BE RECORDED

COACHES: KEEP THESE SHEETS ON FILE FOR POST-SEASON WT. VERIFICATIONS

TEAM	DATE
TOURNAMENT	

All wrestlers listed below are eligible to wrestle in this tournament. They have been cleared of any injury and have been checked for contagious skin conditions by a certified wrestling official or medical professional

Wt. Allowance(s):
Day 1: Day 2:

Weight	Wrestler	Gr	Cert Wt.	Actual Weight Day 1	Skin Check Day 1	Actual Weight Day 2	Skin Check Day 2
99							
106							
113							
120							
126							
132							
138							
145							
152							
160							
170							
182							
195							
220							
285							

7th / 8th grade: Minimum weights are as follows: In Excess of: 91 for 99, 96 for 106, 185 for 220, 210 for 285

SIGNATURE: **Tournament Director** _____